

For the Patient: Nivolumab-relatlimab

Other names: OPDUALAG®

• **Nivolumab-relatlimab** (nye vol' ue mab - rel at' li mab) is a drug that is used to treat some types of cancer. It is a combination of two monoclonal antibodies, which are proteins designed to help your own body's immune system target cancer cells to stop them from growing. It is a clear liquid that is injected into a vein.

- Tell your doctor if you have ever had an unusual or **allergic reaction** to nivolumab or relatlimab before receiving nivolumab-relatlimab.
- A blood test may be taken before each treatment. The dose and timing of your treatment may be changed based on the test results and/or other side effects.
- Other drugs may interact with nivolumab-relatlimab. Check with your doctor or pharmacist before you start or stop taking any other drugs.
- Do not receive any **immunizations** before discussing with your doctor.
- The **drinking of alcohol** (in small amounts) does not appear to affect the safety or usefulness of nivolumab-relatlimab.
- Nivolumab-relatlimab may damage sperm and may harm the baby if used during pregnancy. It is best to use **birth control** while being treated with nivolumabrelatlimab and for 5 months after your treatment has ended. Tell your doctor right away if you or your partner becomes pregnant. Do not breastfeed during treatment and for 5 months after your treatment has ended.
- **Tell** your doctor, dentist, and other health professionals that you are being treated with nivolumab-relatlimab before you receive any treatment from them.

Side effects are listed in the following table in the order in which they may occur. Your treatment is a type of therapy known as immunotherapy and it may cause serious side effects related to your immune system. It is important to report side effects immediately to your healthcare team. Do not manage side effects at home without speaking with your healthcare team. Symptoms may be delayed and can develop months after your last dose. Refer to specific protocol handout (if available) for more details.

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SIDE EFFECTS	MANAGEMENT	
Allergic reactions may rarely occur. Signs of an allergic reaction may include flushing, rash, itching, dizziness, swelling or breathing problems.  This can occur immediately or several hours after receiving nivolumab-relatlimab.	Tell your nurse if this happens while you are receiving nivolumab-relatlimab or contact your oncologist <i>immediately</i> if this happens after you leave the clinic.	
Pain or tenderness may occur where the needle was placed.	Apply cool compresses or soak in cool water for 15-20 minutes several times a day.	
<b>Diarrhea</b> may sometimes occur. If you have diarrhea and it is not controlled, you can quickly become dehydrated.	Immediately notify your healthcare team or get emergency help.	
Skin rashes and/or itching may sometimes occur.		
Headache may sometimes occur.		
Muscle or joint pain, muscle stiffness, or muscle weakness may sometimes occur.	See or call your healthcare team as soon as possible.	
Loss of appetite and weight loss may sometimes occur.		
<b>Tiredness</b> and lack of energy may sometimes occur.		
Hair loss is rare with nivolumab- relatlimab.	If hair loss is a problem, refer to Resources for Hair Loss and Appearance Changes – Patient Handout.*	

<sup>\*</sup>Please ask your nurse or pharmacist for a copy.

## CHECK WITH YOUR HEALTHCARE TEAM OR GET EMERGENCY HELP IMMEDIATELY IF YOU HAVE:

- Signs of an allergic reaction (rare) soon after a treatment including dizziness, fast heartbeat, face swelling, or breathing problems.
- Signs of an infection such as fever (over 38°C or 100°F by an oral thermometer), shaking chills; severe sore throat, productive cough (coughing up thick or green sputum); cloudy or foul smelling urine; painful, tender, or swollen red skin wounds or sores.
- **Diarrhea** or changes in **bowel habits**; black tarry stools; blood or mucous in the stool; **abdominal pain**.
- Signs of heart or lung problems such as fast or uneven heartbeat, chest pain, chest pressure, shortness of breath or difficulty in breathing, swelling of feet or lower legs, or fainting.

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- Signs of liver problems such as yellow eyes or skin, white or clay-coloured stools.
- Signs of kidney problems such as lower back or side pain, swelling of feet or lower legs.

## CHECK WITH YOUR HEALTHCARE TEAM AS SOON AS POSSIBLE (DURING OFFICE HOURS) IF YOU HAVE:

- Signs of anemia such as unusual tiredness or weakness.
- Signs of blood sugar problems such as thirst and frequent need to pass urine.
- Signs of **thyroid problems** such as unusual weight gain or loss, feeling hot or cold, deepened voice, or unusual tiredness or weakness.
- Changes in eyesight, eye pain, or redness.
- Skin rash, blisters, peeling, or itching.

## CHECK WITH YOUR HEALTHCARE TEAM IF ANY OF THE FOLLOWING CONTINUE OR BOTHER YOU:

- Nausea and/or vomiting.
- Constipation.
- Headache not controlled with acetaminophen (e.g., TYLENOL®) or headache that will not go away.
- Changes in skin colour (lightening).
- Changes in taste.
- Decreased sex drive.
- Confusion, irritability or forgetfulness.
- Swelling of hands, feet, or lower legs.
- Dry mouth, difficulty swallowing, or pain or sores on your lips, tongue, or mouth.

REPORT ADDITIONAL PROBLEMS TO YOUR HEALTHCARE TEAM

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